

TOUCH FOR HEALTH CLASSES !!!!!

What is Touch For Health Kinesiology?

Touch for Health is a safe, simple method to enhance our health and well-being. Learn how to muscle test to reduce stress & pain in the body. No Prerequisites, Fun Whole Brain Learning. Do basic body balancing on yourself, friends and family. In Touch For Health we balance the body on different levels, enhancing our performance in all areas of our life. Touch for Health can empower you to be more productive in your own wellness without replacing any branch of health care.

There are four levels of Touch for Health each 15 hours in length. This course is standardized by the **International College of Specialized Kinesiology** and is taught in over 50 countries by Certified Touch for Health Instructors. When completing these classes you receive a Certificate to show your completion and a newsletter from the Canadian Association of Specialized Kinesiology. **Massage Therapist** will receive 15 primary credits from the Massage Therapy Association of Saskatchewan.

For more information go to www.canask.org.

Your Certified Instructor!

Bonnie Joannette has been involved in Wholistic Therapy over 16 years. Bonnie is a IKC Certified Touch for Health Practitioner/Instructor, Reiki Master, Certified Equine Massage Therapist, Vita-Flex & Raindrop Practitioner

Bonnie's purpose with Touch for Health is to assist you to be the best you can be in all aspects of your life. Take the step today sign up for a class.

** If you have already taken Touch For Health Classes from a certified instructor, you can repeat any level for half price as a refresher **

To Register Contact: Bonnie Joannette Ph 306-889-4425h

Date: Call or email for class schedule

Location: 4J's Ranch & Therapy Centre - 40 km east of Tisdale

Prices: Level 1 \$ 315.00 (plus books \$35.00) \$350.00 total Level 1 Remaining Levels 2,3,4 are \$315 each.

Bring: Wear comfortable cloths, Water Bottle, Bag Lunch

Payment : Cheque or Cash. **Make cheques payable to 4J's Ranch & Therapy Centre**
Pay in full to guarantee a spot in class two weeks before class date

Refund Policy: Cancellations received no later than two weeks before course start date are entitled to a full refund **minus** a \$75.00 non-refundable fee.

Register early space is limited.

Accommodations: Park Motel 1-877-472-7566 Country Side Inn 306-873-5603

4J'S RANCH & THERAPY CENTRE

Touch For Health Registration Form

Name: _____

Address: _____

Postal Code _____ Phone Number: _____

Email Address: _____

Would you like to be added to 4J's Ranch & Therapy Centre mailing list?

Yes please _____ No thanks _____ I already am _____

What is the most important thing you want to experience/learn in this course? _____

To Register Contact:

Bonnie Joanne

Box 2515, Tisdale, Sask S0E-1T0

Ph 306-889-4425 h e-mail bjeearthwalk@yahoo.ca

Payment: Cheque or Cash. **Make cheques payable to 4J's Ranch & Therapy Centre**
Pay in full to guarantee a spot in class two weeks before class date

Refund Policy: Cancellations received no later than two weeks before course start date are entitled to a full refund **minus** a \$75.00 non-refundable fee.

Register early space is limited.