



4J'S RANCH & THERAPY CENTRE

"Heart Love Energy"

Gently guiding us thru life's journey to wholeness. Begin your journey here.
The Power is within to heal the body, mind and spirit"

SPECIAL OFFER

Applied Vitaflex

Vitaflex "Vitality Through the Reflexes" to restore proper function in the body. Vitaflex is applied to the reflex points on the feet, ears and head. Relaxing the body to reduce pain, stress and to stimulate the body's natural healing abilities. Vitaflex helps move the healing molecules of essential oils along the nerve pathways in the body. *This modality can be used on yourself, family or friends that can enhance your health. No Better time than now when Flu season is just upon us!*

\$40.00 per session

LEARN HOW TO DO APPLIED VITAFLEX

Bring your spouse, friend, family member the two of you get to learn Vitaflex for one low price

What you will learn:

- What is Vitaflex & how it works, Basic Vitaflex Techniques
- Definition of Therapeutic Grade Essential Oils
- Anatomy 101
- Hand outs included

Cost: \$160.00 + \$8.00 GST.

Perquisite to this is that you both have received a Vitaflex session

Applied Vitaflex is a prerequisite to Learning Raindrop Technique.

This workshop is an introduction to the Certification Raindrop Intensive & Neuro-Auricular coming: March 22-26, 2010 in Tisdale, Sk. Contact Bonnie for more information

**Bonnie Joannette
Tisdale, Sk.**

***IKC Certified Touch For Health Practitioner/Instructor
*Reiki Master *Applied Vitaflex & Raindrop Practitioner
*Certified Equine Massage Therapist
*Young Living Distributor Member #790673**

**For available dates please contact:
Bonnie @ (306) 889-4425 home/office
[www.aspirationsllc.com /BonnieJoannette.htm?](http://www.aspirationsllc.com/BonnieJoannette.htm?)**

Healing Sessions, Classes and Workshops are provided at 4J's Ranch & Therapy Centre located near Tisdale, Saskatchewan.

I offer Certification classes in Touch for Health Kinesiology, Reiki

Workshops in: How to use YLTG Essential Oils

: Raindrop Technique for horses and people

